

## **Stuffed Zucchini**

*Scrumptious!*

1 lb. Hamburger

¼ cup chopped Onion

1 Tbsp. Vegetable Oil

Fry altogether until brown.

Add:

½ cup cooked Rice

Salt

Pepper

½ tsp. Oregano

Thyme or Basil (optional)

Wash zucchini and cut in half the long way. Scoop out the seeds and stuff mixture in. Pour Tomato Juice over to fill it up (make sure you fill it as full as possible). Sprinkle grated Cheese on top. Bake at 350°F for 1 ½ hours.